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CHRONIC PSYCHOSOCIAL ISOLATION ALTERS HSP70/GR AND HSP90/GR RATIOS IN RESPONSE TO NOVEL ACUTE STRESS IN RAT HYPOTHALAMUS

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Abstract

It is known that chronic psychosocial isolation (CPSI) exerts maladaptive effect on the hypothalamic-pituitary-adrenal (HPA) axis activity. Since the hypothalamus (HT) is a major driver of the HPA axis activity and since glucocorticoid receptor protein (GR) mediates HPA axis negative feedback particularly in this structure, we studied the effect of CPSI by following the expression of GR and its chaperones hsp70 and hsp90 in HT. Our results showed that the ratios of HSPs/GR set by the CPSI were altered in response to a novel acute stress, which indicated negative CPSI influence on GR functions in HT.

Introduction

Stress response involves the activation of the hypothalamic-pituitary-adrenal (HPA) axis and the key driver of this activity is hypothalamus (HT). The final products of the HPA axis activity are glucocorticoids (GCs) that act through glucocorticoid receptor (GR) and mediate feedback inhibition of the HPA axis particularly *via* the HT [1]. The GR is a ligand-dependent transcription factor that in absence of GCs resides in the cytoplasm as a multiprotein heterocomplex with heat shock proteins (HSPs) hsp70 and hsp90 [2]. While hsp70 protein is essential for maturation of GR, hsp90 helps GR to achieve a hormone-binding conformation [2]. Upon hormone binding, GR dissociates from hsp90 and translocates to the nucleus where both HSPs continue to influence its further functions. Namely, hsp90 is required for nuclear GR to regain hormone-binding competence [2], but it may also reduce GR activity when hsp90/GR ratio is increased [3]. Hsp70 plays a general role in sequestering denatured proteins in nucleus including GR [2]. Considering the essential role of HT in regulating HPA activity under stress conditions, as well as, the role of hsp70 and hsp90 in GR signaling, we investigated a pattern of expression of these proteins and their cellular redistribution in the HT of Wistar rat under different types of stress. We were mostly interested in the effect of CPSI on mentioned parameters and in their reversibility in response to subsequent acute stress [4].

Experimental

The animals (adult Wistar male rats) were divided into four groups: (I) controls (untreated); (II) acute stress (30 min of immobilization); (III) chronic psychosocial isolation (CPSI) (for 21 days) and (IV) combined stress (chronic isolation followed by 30 min immobilization). After sacrifice, blood was collected and corticosterone

(CORT) concentration was determined by OCTEIA Corticosterone kit. The cytosolic and nucleosolic samples of HT were prepared by differential centrifugation. The proteins were detected using Western blot technique and antibodies M-20, hsp70 (N27F3-4) and hsp90 (F-8) for GR, hsp70 and hsp90, respectively. β -actin was used as a loading control.

Results and discussion

All results are represented in Figure 1.

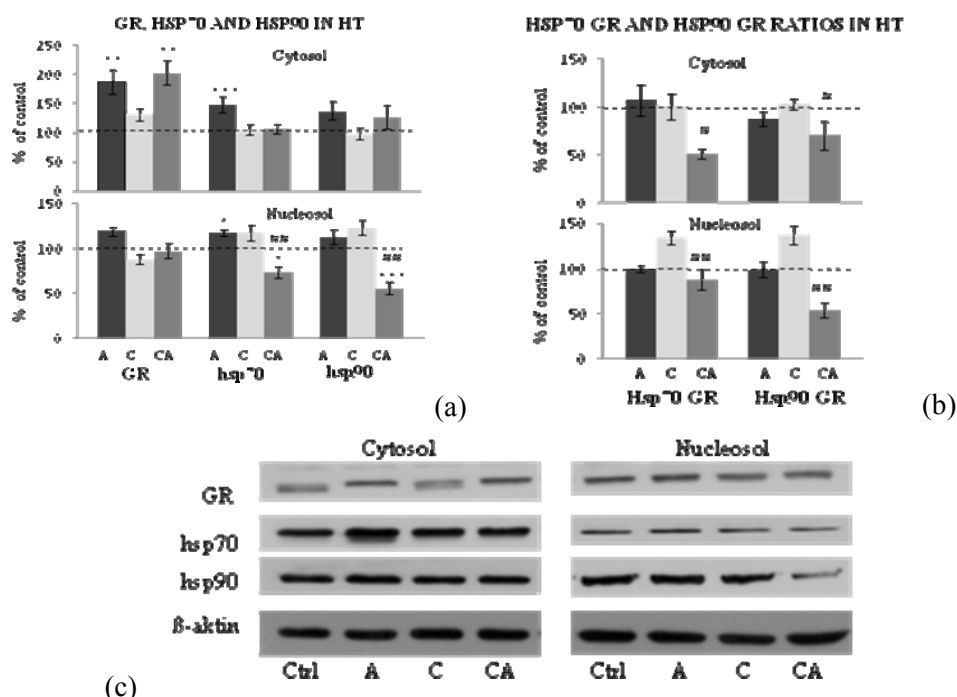


Fig.1. Hypothalamic GR, hsp70 and hsp90 in the cytosol and nucleosol of animals exposed to acute (A), chronic (C) and combined (CA) stresses: expression levels (a); hsp70/GR and hsp90/GR ratios (b) and representative Western blots (c). Data are presented as mean \pm SEM (n=10) and analyzed by one-way ANOVA (*p<0.05, ** p<0.01, *** p<0.001 stress vs control; #p<0.05, ##p<0.01 chronic vs combined stress).

In response to acute stress, when CORT levels were elevated (612.75 \pm 20.12 ng/ml) in respect to control (98.35 \pm 20.76 ng/ml), significantly increased levels of GR in the cytosol and hsp70 in both compartments were detected. This elevation of GR in the cytosol could be result of increased synthesis and/or stability and could represent enhanced sensitivity to GCs of this brain structure. The augmentation of hsp70 could indicate activation of cellular stress response [5].

Chronically stressed animals showed decreased CORT levels (54.26 \pm 9.21 ng/ml) which were consistent with our previous experiments [4]. The levels of either studied proteins were not statistically changed.

When chronically stressed animals were subjected to novel acute stress, CORT levels (604.31 ± 21.05 ng/ml) as well as GR levels in the cytosol were elevated again. In contrast to acute stress, HSPs levels were decreased in the nucleosol. That could represent inadequate cellular stress response [5] and thus maladaptive effect of CPSI regarding this parameter.

Examining the hsp70/GR and hsp90/GR ratios we found that response of chronically stressed animals to novel acute stress was different from response of control animals to acute stress. Particularly, novel acute stress turned both HSPs/GR ratios in favor of GR, in both compartments. Considering the fact that for appropriate GR function optimal levels of its HSPs in both cellular compartments are required, these results indicated maladaptive influence of CPSI on GR function in the HT.

Conclusion

Chronic stress (CPSI) altered hypothalamic HSPs/GR ratios and compromised response of this structure to a subsequent acute stress. This finding suggested potentially maladaptive influence of CPSI with regard to the HPA axis feedback activity in hypothalamus.

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